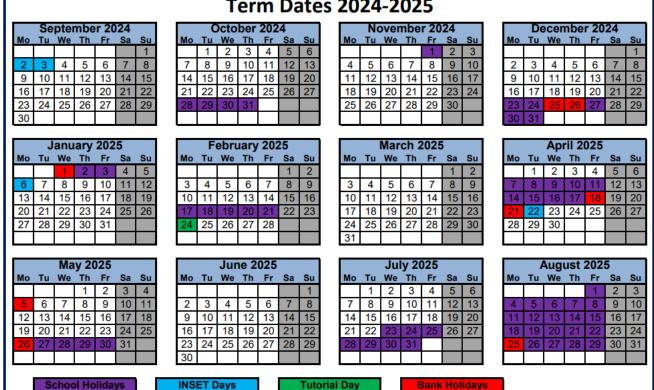
Keyworth Primary School Newsletter Part of The Gem Federation www.thegemfederation.co.uk Executive Headteacher: Sarah Beard Head of School: Ray Capper Address: Faunce Street, London, SE17 3TR Email: keyworth@gemfed.co.uk Telephone: 020 7 735 1701 Friday 25th October 2024 Term Dates 2024-2025 October 2024 September 2024 November 2024 December 2024 Tu We Th Fr We Th Fr We Sa Tu We Th Fr Th Fr Sa Tu Tu 4 5 6 1 1 2 3 1 2 3 1 9 10 11 12 9 4 5 6 8 7 8 13 4 5 6 7 8 10 2 3 4 5 6 8 9 10 11 12 13 14 15 14 15 16 17 18 19 20 11 12 13 14 15 16 17 9 10 11 12 13 14 15 21 22 23 24 25 26 27 16 17 18 19 20 21 22 18 19 20 21 22 23 24 16 17 18 19 20 21 22 23 24 25 26 27 25 26 27 28 29 30 28 29 28 29 30 January 2025 March 2025 April 2025 February 2025 Мо Tu We Th Fr Sa Su Мо Tu We Th Fr Sa Su Мо Tu We Th Fr Sa Su Tu We Th Fr Sa Su Mo 4 5 1 2 3 4 5 6 2 1 2 2 3 1 7 8 9 10 11 12 3 4 5 6 7 8 9 3 4 5 6 7 8 9 12 13



Important dates for your diary

Event			Class assemblies	
14.10.24	Year 5 parent workshop	16.10.24	6MM	
17.10.24	Year 3/4 parent workshop	23.10.24	2PH	
21.10.24	Year 6 parent workshop		5BH	
06.12.24	Winter fair	20.11.24	6CS	
11.12.24	Christmas lunch	<mark>27.11.24</mark>	<mark>4AB</mark>	
13.12.24	Enterprise fair			
16.12.24	Years 4, 5 and 6 Christmas performance at 9:10am			
17.12.24	Years 1, 2 and 3 Christmas performance at 9:10am			
18.12.24	Reception Christmas performance at 9:10am			
19.12.24	Little Stars and Nursery Christmas performance at 9:10am			
19.12.24	Class parties			

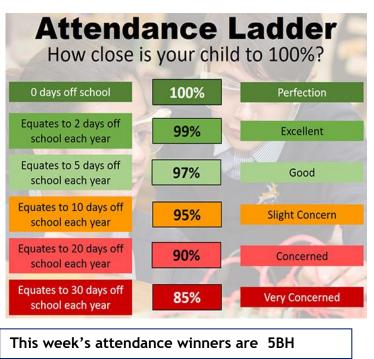
Celebrations

Class	Star of the Week	Writer of the Week	Mathematician of the Week	Reader of the Week	Presenter of the Week
Pearls	Pearls	Summayah	Wasim	Xavien	Amal
Opals	Opals	Aras	Daniel	Yussuf	Shiloh
Moonstones	Felicia	Kwaku	Cormac	Leon	Marwan
2PH	Emily	Lacey	Kai	Cleo	Saint

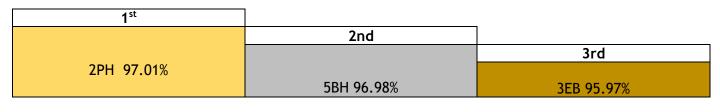
Class	Star of the Week	Writer of the Week	Mathematician of the Week	Presenter of the Week
3EB	Gabriel	Tyler	Georgina	Reuben
3GC	Josiah	Sade	Shahid	Ilya &Fatima B
4AB	Monica	Amanah	Shuaib	King
4HE	Laith	Jase	Jafari	Ashley
5AA	Kaelan	Nora	Ayaan	Zarah
5BH	Frankie	Sana	Arsema	Petr
6CS	Samih	Isabella	Abdullah	Asly
6MM	Chukanzor	Mereim	Adrian	Awo

This week's gem winners are	Emeralds		
This week's treasure chest winners are	2PH 4HE		
This week's healthy lunch winners are	Emiola Opals Jaren 3GC		

Class	Attendance	
Pearls	85.76	
Opals	87.67	
Moonstones	96.88	
2PH	99.24	
3EB	94.44	
3GC	97.92	
4AB	94.00	
4HE	88.54	
5AA	91.67	
5BH	100	
6CS	97.00	
6MM	90.06	
Whole school	94.02	
School average (year)	94.5%	
National average (year)	92.8%	
School target	96%	



Classes with the best attendance this term so far...



Latest News

Start of Autumn half-term 2

The children return to school on Monday 4th November for a 9:00am start. Keyworth staff wish you and your family a safe and enjoyable break!

Staffing update

Congratulations to Lori who has been deservedly promoted to Deputy Head for Inclusion across the Federation!

4AB class assembly change

Please note that 4AB's class assembly has been moved to Wednesday 27th November at 9:10am. Sorry for any inconvenience caused.

The Importance of regular home reading - message from Jaime

At Keyworth Primary School, we place great emphasis on the value of regular reading at home. We believe that reading is the key that unlocks the entire curriculum, helping children build a strong foundation for success across all subjects. Developing a love for reading not only supports literacy but also boosts your child's confidence and comprehension in other areas of learning.



"There are many little ways to enlarge your child's world. Love of books is the best of all!"





As part of our commitment to building strong reading habits, we encourage every child to read at home daily. You may receive a letter this half-term if your child has not read the recommended 30 times across Autumn 1. This letter is to serve as a reminder of our aim: to ensure every child has the chance to practise reading regularly and to read aloud with an adult. These moments of shared reading help to develop fluency, comprehension and a deeper love of stories.

We understand that daily routines can be busy, but even setting aside a few minutes each day to read can make a significant difference to your child's progress.

Your support is invaluable in helping us create lifelong readers and learners.

Snacks in school - message from Claire

Please do not send children into school with snacks in their bags. Snacks are provided in the classroom. This is due to allergies and our healthy eating policy.

Times Tables Rockstars TWO NEW Competitions! - message from Melissa and Phoebe



TWO BRAND NEW COMPETITIONS!

The first competition is 'Keyworth's Battle of the Bands' and this event will take place between **now and Thursday 7th November** (over the half term). In order to play, children will need to log into TTRS and answer as many correct answers as possible. The winning class will receive **15 minutes extra break**. The winners will be announced during assembly on **Friday 8th November**!

Between **November 12th and November 14th**, children are invited to take part in the national **'England Rocks' competition**. The winning class will receive 50 treasure chests! In order to play, children will need to log into TTRS and answer as many correct answers as possible.

focal Schools feaderboard

We are pleased to announce that Keyworth are now in 7th place out of 30 local schools. Help us get to the top!

Rank	Name	Mean Studio Speed (seconds / question)
1	Boutcher CE Primary School	1.59
2	St Paul's CE Primary School, Walworth	2.05
3	Friars Primary Foundation School, London	2.21
4	Allen Edwards Primary School	2.32
5	St Stephen's C Of E Primary School, Lambeth	2.43
6	Winterbourne Boys' Academy, Thornton Heath	2.58
7	Keyworth Primary School, London	2.96
8	Snowsfields Primary School	2.98
9	Brunswick Park Primary School, Camberwell	3.07
10	Oasis Academy Johanna, London	3.14





Home Learning

At Keyworth, home learning takes place in many shapes and forms, with many options and resources available to our children, at all levels.

This half term, please take some time to explore, create, learn and have fun!



KS2 School Council opportunities - message from Melissa

We are looking for two new recruits per year group in years 3, 4, 5 and 6 to join our school council. School council members need to have the following personal qualities...

- Reliable
- Responsible
- > Organised
- Friendly and approachable
- Good at listening to everyone
- Able to remember things
- Honest and sensible
- > Hardworking.

The role will include the following duties and responsibilities:



- > Attend meetings, turn up on time and be interested
- > Listen to the views and opinions of the class and bring them to the meeting
- > Report everyone's ideas and opinions even if they are not your own
- > Bring ideas to the meeting that will make the school a better place to be
- Feedback information to your class
- > Wear your badge so people know that you are the rep
- Collect views of pupils from the playground
- Present some assemblies
- Represent the school.

If children in KS2 would like to apply, they should ask their class teacher for an application form. The deadline for all applications is Monday 4th November. Children should hand their school council application form to their class teacher by the deadline.

Keyworth Friends' Magic Show

I am pleased to announce that Keyworth Friends' Magic Show raised £767! As a result, our Early Years children will be receiving a new Windmill Playchalk table and Country Green Corner Kitchen.

Thank you again to everyone who supported the event and look out for further fundraising efforts specific to your child/ren's year group/s.



Keyworth Friends Wishlist

We know that there are some parents and families that cannot always make our events or volunteer but may still want to help! Because of this we have created a Wishlist of some of the items we are currently fundraising for - these are all to benefit our children in school. Thank you in advance if you are able to help in any way!

https://www.amazon.co.uk/registries/gl/guest-view/32BY2A50IAM70

Interfaith Week competition



Year 3 learning - Notting Hill Carnival

In Year 3, the children have been learning about the celebration of black lives and black history through the Notting Hill Carnival. On top of making posters that they will be sharing with other year groups, they created headdresses and hosted their very own carnival to show them off.



<u>Harvest Festival</u>

"Connected to the Community" is one of our school values - we have a strong sense of being a part of and having responsibility for our community. The children have been learning about the importance of giving what we can to those in need. Thank you to everyone who donated towards our Harvest Festival - the donations will be sent to Waterloo Foodbank to support others in need.



Year 2 National Theatre visit

On Thursday, Year 2 children attended the NT Collection 5-year Celebration Event at the National Theatre. As part of the celebration, students participated in an arts and crafts workshop and watched a screening of 'I Want My Hat Back', a joyful adaptation of Jon Klassen's much-loved picture book.



Reception library visit

This week, the children enjoyed a wonderful trip to the local library where they listened to a story, sang fun songs and had an unforgettable time exploring the world of books. It was a delightful experience that sparked their love for reading!

Support for families 1 - helping your child with ADHD and ASD

At the end of this newsletter is some information about how you can help your child who has ASD/ADHD.

Support for families 2 - FREE adult learning opportunities in Southwark Click on the link below for further information:

Southwark education and training



Support for families 3 - Community Southwark Volunteer

Community Southwark Volunteer is a new volunteering platform which links local charities and community groups with people who want to volunteer. Make a difference in your community! Click on the link below for further information:

Community Southwark Volunteer

Support for families 4 - Southwark Council website

Southwark Council have updated their website for residents. Click on the link below to find out more:

Southwark Council website

Support for families 5 - National Autistic Society coffee morning

National Autistic Society coffee mornings



Our topic this month: **EHCPs** Yuk-King Wong and Henrietta Rooney share their experiences and top tips about EHCPs: including the pros & cons of having an EHCP, how to navigate the process of getting an EHCP and being clued up on what support your child is legally entitled to. For parents & carers of autistic children on:

Friday 8th November 9:30am Carnegie Library Herne Hill, SE24 0AG

And the first Friday of every month FREE of charge Open to parents/carers of autistic people of all ages in Lambeth & neighbouring boroughs



Word of the Week

This week's *Word of the Week* is **immediate**. Please discuss its meaning with your child/ren and encourage them to share what they have learned with their teachers in school to receive gems. Do they know the origin? Can they use the word correctly in a sentence? Can they identify and explain the meaning of alternative forms e.g. **immediately**. Can they identify any synonyms or antonyms?

Please find below previous words that we have used in school:

Previous words	accompanying,	variety,	frequent, sir	ncere, apprec	ciating, tolerant
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I would like to wish you and your family a wonderful half-term!

Ray Capper Head of School

Helping Your Child with ADHD & ASD: Sleep and Focus Support

Sleep Support Options

Children with ADHD and ASC often struggle with sleep. Lack of sleep can affect their behaviour, focus, and emotional regulation. To help improve their sleep, here are some natural remedies and calming aids you can explore:

Sweet Dreams Sleep Stickers

A blend of natural sleep oils that can be applied to help children relax and fall asleep. Stick one onto your child's skin before bed.

https://amzn.eu/d/54hSriL

Kids Sleep Gummies

A chewable, melatonin-free sleep supplement that includes ingredients like magnesium, L-Theanine, and Vitamin B12 to naturally promote relaxation. Give one gummy about 30 minutes before bedtime. https://amzn.eu/d/27jl3IW

Natures Aid Bedtime Sleep Drops

Mini drops formulated with natural ingredients for children 3 months to 5 years to encourage restful sleep. Add drops to a drink or administer directly. https://amzn.eu/d/6LKUfse

Child's Farm Lavender Pillow Mist

A gentle lavender mist suitable for sensitive skin. The calming scent of lavender can help create a soothing bedtime atmosphere. Spray lightly onto pillows and bed linen before sleep. <u>https://amzn.eu/d/1dvJjk9</u>

BuzzPatch Focus Stickers

Natural patches designed to enhance focus and concentration without chemicals or drugs. Great for kids and adults alike. Place the sticker on your child's clothing during homework or focused activities. https://amzn.eu/d/2r0cuwt

Magnesium Supplement

Magnesium can help regulate mood, reduce hyperactivity, and improve sleep. It's also known to ease anxiety, which can be beneficial for children with ASC and ADHD. Natural sources can be found in leafy greens, nuts and seeds.

Potassium Supplement

Potassium supports brain function, muscle control, and helps maintain proper nervous system health. Natural sources can be found in Bananas, oranges and potatoes.

Cod Liver Oil (Omega-3 Fatty Acids)

Omega-3s are crucial for brain development and function. Research suggests that they can improve attention, focus, and reduce hyperactivity in children with ADHD. Available in liquid or capsule form.

Vitamin B12

B12 supports nerve and brain health, which is especially important for children with neurodevelopmental disorders like ASC. Found in animal products like meat, eggs, dairy, or as a supplement.

General Tips for Managing ADHD & ASC

Establish a Consistent Routine: Regularity helps reduce anxiety and gives structure to children who may find unpredictability stressful.

Encourage Physical Activity: Exercise helps burn off excess energy and improves focus and mood.

Consider Sensory Needs: Children with ASC or ADHD may be sensitive to light, sound, or touch. Finding the right sensory tools (weighted blankets, noise-cancelling headphones) can help them feel more comfortable and focused.

Dietary Adjustments: Reducing sugar and processed foods while increasing intake of whole foods can improve focus and energy levels.

Financial Support for Families of Children with Additional Needs in the UK

If you have a child with additional needs, there are several forms of financial assistance available to help cover the costs of care, equipment, or everyday living. Below is an overview of two key sources of support: Disability Living Allowance (DLA) and the Family Fund.

Disability Living Allowance (DLA)

Disability Living Allowance (DLA) is a benefit for children under 16 who have a disability or health condition. It helps with the extra costs of looking after a child who needs more care or supervision than a child of the same age without a disability.

Eligibility Criteria -

To qualify for DLA, your child must:

- Be under 16 years of age.
- Have had their condition for at least 3 months and expect it to last for at least another 6 months.
- Need more help or supervision than other children their age.

How to Apply -

You can apply for DLA for your child through: Online Application: You can start the claim online at the UK Government website. Paper Form: Download and complete the DLA claim form from the UK Government website. **DLA Helpline:** 0800 121 4600

Family Fund

The Family Fund is a UK-wide charity providing financial grants to families raising a disabled or seriously ill child under 18. The grants help with a variety of items, services, or activities that can improve the quality of life for your child and family, such as equipment, clothing, travel costs, or sensory toys.

Eligibility Criteria -

To be eligible for a Family Fund grant, your child must:

- Be under 18 years old.
- Have a disability, additional needs, or a serious illness.
- Receive a high level of DLA (Care or Mobility) or Personal Independence Payment (PIP), or have a complex medical or learning condition.
- The family must meet certain financial conditions (i.e., low income or receiving benefits).

How to Apply

Online Application: Apply through the Family Fund's official website. Phone Application: Call the Family Fund helpline if you need assistance with the application. **Family Fund:** 01904 550 055