|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Nursery** | **1st Session** |  | Teacher led listening and looking games | Gymnastics | Dance | Invasion games  Throwing and Catching | Athletics |
| **Reception** | **1st Session** | Multi Skills | | Gymnastics | Dance | Invasion Games  Kicking with Feet | Athletics |
| **2nd Session** | Outdoor provision focused on locomotion and manipulation skills:  Walking, jumping, running, hopping  Collecting, kicking, carrying, pushing, throwing | | Outdoor provision focused on locomotion and stabilisation skills:  Walking, jumping, running, hopping  Balancing, turning, bending, landing, extending, stretching | |  | |
| **Year 1** | **1st Session** | Multi skills | | Manipulation  Invasion games throwing towards a target | Manipulation  Invasion games sending and receiving | Athletics | Manipulation  Net games using a racket |
| **2nd Session** | Gymnastics | | Dance  (non PESSN) | | Problem solving | |
| **Year 2** | **1st Session** | Multi skills | | Manipulation  Attack vs. defence | Ball games  Dribbling and passing with feet | Athletics | Manipulation  Net games using hands and tennis rackets |
| **2nd Session** | Gymnastics | | Dance  (non-PESSN) | | Problem solving | |

\*Swimming to take part over a 2 week period in the summer term